

Why is e-safety important?

- In last 4 years alone, there has been a 700% increase in reports of online child exploitation
- 1 in 3 children have been a victim of cyber bullying
- 1 in 3 child gamers play online with people they've never met

Following on from both our parent e-safety assemblies and our focus in classes during e-safety week, here are six suggestions to keep your family safe online:

1. With younger children, watch the CEOP KS1 Film 'Lee and Kim' on YouTube. This is recommended for parents of any young child aged between five and seven. It introduces children to the basic principles of keeping safe on the internet.
2. It may be the case that sometimes children use a phone or tablet unsupervised. If anything unusual happens, or someone tries to contact them, then they need to know to tell an adult straight away.
3. Tell your children to never give out personal details, including name, age, address, school, sibling names or gender. Let children know that people they 'meet' online could be pretending to be someone they are not.
4. Set a maximum time that children are allowed to use tablets during weekday evenings and at weekends. Each evening should have a screen-free allocated time, or a phone-free zone. It's a helpful habit for parents too!
5. On behalf of your children, approve friend requests and check private messages in games that have a social interaction element built in. Often, games such as Roblox or Minecraft have a 'chat' or 'friend' function.
6. Be open and honest: talk about cyber bullying and digital footprints and that behavior online should not be remarkably different from behaviour at home or at school.