



St Mary's Catholic Primary School

RSE Whole School Two Year Long Term Plan



*NB – As of September 2021, whole school to begin with Module 1 (Year A).

Year Group	<u>Year A (2021-22)</u>			<u>Year B (2022-23)</u>		
Y1 / Y2	<p><u>Autumn</u> <u>Module 1: Created and Loved by God</u> Religious Understanding 5x Story Sessions: Let the Children Come</p> <p>Me, My Body, My Health Session 1: I am Unique Session 2: Girls and Boys Session 3: Clean & Healthy</p>	<p><u>Spring</u> <u>Module 1</u> <u>Continued:</u> Emotional Well-Being Session 1: Feelings, Likes and Dislikes Session 2: Feeling Inside Out Session 3: Super Susie Gets Angry</p> <p>Life Cycles Session 1: The Cycle of Life</p>	<p><u>Summer</u> <u>Module 2: Created to Love Others</u> Religious Understanding Session 1: God Loves You</p> <p>Personal Relationships Session 1: Special People Session 2: Treat Others Well... Session 3: ...and Say Sorry</p>	<p><u>Autumn</u> <u>Module 2</u> <u>Continued:</u> Keeping Safe Session 1: Being Safe Session 2: Good Secrets & Bad Secrets Session 3: Physical Contact Session 4: Harmful Substances Session 5: Can You Help Me?</p>	<p><u>Spring</u> <u>Module 3:</u> <u>Created to Live in Community</u> Religious Understanding Session 1: Three in One Session 2: Who is my Neighbour?</p> <p>Living in the Wider World Session 1: The Communities We Live In</p>	<p><u>Summer</u> <u>Review and Assess</u> Use this term to review Module 1, complete any assessments and identify any gaps.</p> <p>*NB end of unit assessment should be completed as each unit is finished.</p>
Y3/4	<p><u>Autumn</u> <u>Module 1: Created and Loved by God</u> Religious Understanding 4x Story Sessions: Get Up! Session 1: The Sacraments</p>	<p><u>Spring</u> <u>Module 1</u> <u>Continued:</u> Emotional Well-Being Session 1: What am I Feeling? Session 2: What Am I Looking At?</p>	<p><u>Summer</u> <u>Module 2</u> <u>Continued:</u> Personal Relationships Session 1: Friends, Family and Others Session 2: When Things Feel Bad</p>	<p><u>Autumn</u> <u>Module 2</u> <u>Continued:</u> Keeping Safe Session 1: Sharing Online Session 2: Chatting Online Session 3: Safe In My Body</p>	<p><u>Spring</u> <u>Module 3:</u> <u>Created to Live in Community</u> Religious Understanding Session 1: A Community of Love</p>	<p><u>Summer</u> <u>Review and Assess</u> Use this term to review Module 1, complete any assessments and identify any gaps.</p>

	<p>Me, My Body, My Health Session 1: We Don't Have to be the Same Session 2: Respecting Our Bodies</p> <p>Y4 ONLY: Session 3: What Is Puberty? Session 4: Changing Bodies Session 5: Discussion Groups</p>	<p>Session 3: I Am Thankful</p> <p>Y4 ONLY Life Cycles Session 1: Life Cycles</p> <p>Module 2: Created to Love Others Religious Understanding 4x Story Sessions: Jesus, My Friend</p>		<p>Session 4: Drugs, Alcohol and Tobacco Session 5: First Aid Heroes</p>	<p>Session 2: What Is The Church?</p> <p>Living in the Wider World Session 1: How Do I Love Others?</p>	<p>*NB end of unit assessment should be completed as each unit is finished.</p>
Y5/6	<p>Autumn Module 1: Created and Loved by God Religious Understanding 5x Story Sessions: Calming the Storm</p> <p>Me, My Body, My Health Session 1: Gifts and Talents Session 4: Spots and Sleep</p> <p>*NB Sessions 2 and 3: Girls'/Boys' bodies to be taught separately using additional resources.</p>	<p>Spring Emotional Well-Being Session 1: Body Image Session 2: Peculiar Feelings Session 3: Emotional Changes Session 4: Seeing Stuff online</p> <p>Life Cycles Session 1: Making Babies (P1) Session 2: Making Babies (P2) Session 3: Menstruation</p>	<p>Summer Module 2: Created and Loved by God Religious Understanding Session 1: Is God Calling You?</p> <p>Personal Relationships Session 1: Under Pressure Session 2: Do You want a Piece of Cake? Session 3: Self Talk</p>	<p>Autumn Module 2 Continued: Keeping Safe Session 1: Sharing isn't always Caring Session 2: Cyberbullying Session 3: Types of Abuse Session 4: Impacted Lifestyles Session 5: Making Good Choices Session 6: Giving Assistance</p>	<p>Spring Module 3: Created to Live in Community</p> <p>Religious Understanding Session 1: The Trinity Session 2: Catholic Social Teaching</p> <p>Living in the Wider World Session 1: Reaching Out</p>	<p>Summer Review and Assess Use this term to review Module 1, complete any assessments and identify any gaps.</p> <p>*NB end of unit assessment should be completed as each unit is finished.</p>

YR	<u>TO BE TAUGHT OVER ONE YEAR</u>		
	<p style="text-align: center;"><u>Autumn</u></p> <p style="text-align: center;"><u>Module 1: Created and Loved by God</u></p> <p>Religious Understanding Story Session: Handmade with Love (5x sessions)</p> <p>Me, My Body, My Health Sessions 1: I am Me Session 2: Head, Shoulders, Knees & Toes Session 3: Ready Teddy?</p>	<p style="text-align: center;"><u>Spring</u></p> <p><u>Module 1 Continued:</u></p> <p>Emotional Well-being Sessions 1: I Like, You Like, We All Like Session 2: Good Feelings, Bad Feelings Session 3: Let's Get Real</p> <p>Life Cycles Sessions 1: Growing Up</p> <p><u>Module 2: Created to Love Others</u></p> <p>Religious Understanding Session 1: Role Model</p> <p>Personal Relationships Sessions 1: Who's Who? Session 2: You've Got a Friend in Me Session 3: Forever Friends</p>	<p style="text-align: center;"><u>Summer</u></p> <p><u>Module 2 Continued:</u></p> <p>Keeping Safe Sessions 1: Safe Inside and Out Session 2: My Body, My Rules Session 3: Feeling Poorly Session 4: People Who Help Us</p> <p style="text-align: center;"><u>Module 3: Created to Live in Community</u></p> <p>Religious Understanding Session 1: God is Love</p> <p>Living in the Wider World Session 1: Me, You, Us</p> <p style="text-align: center;"><u>Assess and Review</u></p>